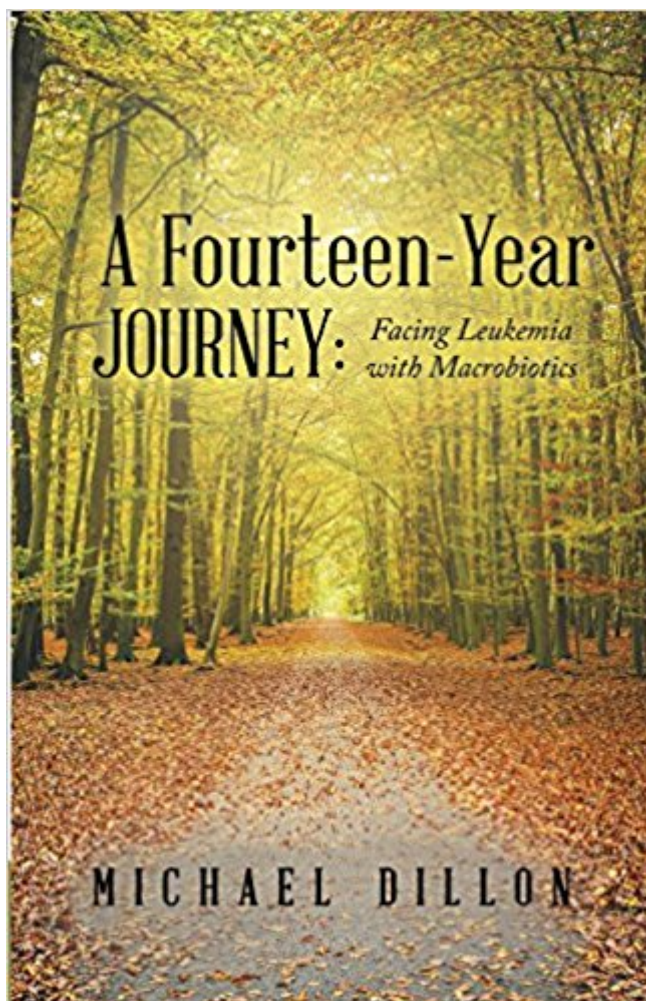


The book was found

A Fourteen-Year Journey: Facing Leukemia With Macrobiotics



Synopsis

A Fourteen-Year Journey: Facing Leukemia with Macrobiotics is a story of the courage and dedication while facing cancer to live each day to the fullest, and a valuable contribution to the growing literature exploring the importance of complementary and alternative medicine. With the growing acceptance of Eastern modalities, such as acupuncture in Western medicine, A Fourteen-Year Journey offers you the opportunity to: Explore the gulf separating Western and Eastern medicine, including proof versus performance and the cult of expertise Discover the wide range of macrobiotic practices affecting food choices, cooking, eating, chewing, exercising, and sleeping Consider the evidence presented on one woman's fourteen-year journey to control and ultimately reverse an allegedly irreversible blood cancer without chemotherapy or radiation Learn to listen to your own body so that you can become your own best advocate And decide that you can take more personal responsibility and control over your own health.

Book Information

Paperback: 150 pages

Publisher: LifeRich Publishing (March 21, 2014)

Language: English

ISBN-10: 1489701656

ISBN-13: 978-1489701657

Product Dimensions: 5.5 x 0.3 x 8.5 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 2.9 out of 5 stars 2 customer reviews

Best Sellers Rank: #4,634,110 in Books (See Top 100 in Books) #91 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Leukemia](#) #39131 in [Books > Self-Help > Motivational](#) #54662 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

Customer Reviews

I read it then recycled it. This woman spent 3-4 hours per day preparing a macrobiotic diet and then died, in her 60's, of pneumonia. As a person recently diagnosed with leukemia, I view the book as more of a healing process for the author/husband than as a valuable resource for leukemia patients. My approach to survival is to go live my life to the fullest - enjoy every moment and not live my days consumed by my diagnosis. Peace to those of you, who for whatever reason, are reading this review.

A powerful book. I'm happy that the author shared these experiences. The book can be a useful, inspirational guide for others.

[Download to continue reading...](#)

A Fourteen-Year Journey: Facing Leukemia with Macrobiotics Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds, 9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) 21st Century Adult Cancer Sourcebook: Adult Acute Myeloid Leukemia (AML), ANLL, Myelogenous or Myeloblastic Leukemia - Clinical Data for Patients, Families, and Physicians Leukemia: Causes, Symptoms, Signs, Diagnosis, Treatments, Stages of Leukemia - Revised Edition - Illustrated by S. Smith 21st Century Adult Cancer Sourcebook: Chronic Myeloproliferative Disorders - Chronic Myelogenous Leukemia, Polycythemia Vera, Myelofibrosis, Thrombocythemia, Neutrophilic Leukemia 21st Century Cancer Sourcebook: Myelodysplastic / Myeloproliferative (MDS/MPN) Neoplasms, Chronic Myelomonocytic Leukemia (CMML), aCML, Juvenile Myelomonocytic Leukemia (JMML), MDS/MPN-UC
Che-Moment: Life Lessons, Facing Death, and Surviving Cancer (AML M2) Leukemia and Beyond. A Medical Rep's Story of How Faith, Positive Attitude, and Exercise can Beat the Odds.
Che-Moment: Life Lessons, Facing Death, and Surviving Cancer (AML M2) Leukemia and Beyond. a Medical Rep's Story of How Faith, Pos
The Hip Chick's Guide to Macrobiotics: A Philosophy for achieving a Radiant Mind and a Fabulous Body Zone Diet: The Ultimate Beginners Guide To The Zone Diet (includes 75 recipes and a 2 week meal plan) (Antioxidants & Phytochemicals, Macrobiotics) Your Ten- to Fourteen-Year-Old's Time; for A Country Called Nigeria: The Journey of an African American Businessman Who Lived in Nigeria for More Than Fourteen Years Journey to the Edge of the Light: A Story of Love, Leukemia and Transformation (Kindle Single) (Kindle Singles) Living Through Leukemia: A Journey to Health Killing Leuk: A Story of The Courageous Journey of Faith of a Mother and Son Who Both Battled Leukemia When Cancer Calls; Say Yes to Life: The Story of One Man's Journey through Leukemia The Journey Back: A Survivors Guide to Leukemia The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness Mourning Journey: Spiritual Guidance for Facing Grief, Death and Loss Facing the Shadow, Embracing the Light: A Journey of Spirit Retrieval and Awakening

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)